

Arte Suave Jiu Jitsu Academy

Participation Waiver & Release of Liability

321 South Fayette Street, Beckley, WV 25801 · 304-250-8128

Participant Information

Full name	Date of birth
Email	Phone
Street address	
City	State / Zip

Guardian Information (if participant is under 18)

Parent / guardian name	Relationship to participant
Parent / guardian phone	Parent / guardian email

Emergency Contact

Name	Phone
Relationship	

Medical / Experience

Medical conditions, injuries, or allergies
Prior martial arts / grappling experience

Waiver, Release & Assumption of Risk

I understand that Brazilian Jiu Jitsu, mixed martial arts, boxing, wrestling, and related training activities at Arte Suave Jiu Jitsu Academy involve physical contact, strikes, throws, joint locks, chokes, takedowns, and other movements that carry an inherent risk of injury, including serious injury or death. I voluntarily assume all risks of participating and agree to release, waive, discharge, and hold harmless Arte Suave Jiu Jitsu Academy, its owners, instructors, staff, employees, agents, volunteers, and other participants from any claim, liability, demand, action, or cause of action arising out of my participation, to the fullest extent permitted by law.

Medical Authorization

I certify that I am physically able to participate and that any medical conditions have been disclosed above. In case of emergency, I authorize Arte Suave staff to seek medical treatment on my behalf and agree to be responsible for any associated costs.

Media Release

I grant Arte Suave Jiu Jitsu Academy permission to use photographs and/or video taken during classes, events, or competitions for promotional purposes, including online and printed materials. I may opt out by writing 'No' here:

I have read this waiver and release of liability, fully understand its terms, and sign it voluntarily. I understand that I am giving up substantial legal rights by signing it.

**Participant / Guardian
signature**

Printed name

Date

For office use only — Received by: _____ Date: _____

Please bring this completed form to your first class, or submit the digital waiver at artesuavebjj.com/waiver.